

Sandhya

A VANAPRASTAM MONTHLY

Issue 01 · June 2026 · Visakhapatnam

OLD
AGE
HOME

The home
takes shape.

Inside Step into the new Vanaprastam, room by room

This month 51 elders, one family — in pictures

New Introducing the Founding 100

Where old age is a blessing, not a burden.

FROM THE FOUNDER

A roof we have waited fourteen years to raise

Dear friend,

When we opened our doors in 2012, we had a rented house, a small kitchen, and a simple promise: that no elder who came to us would ever again feel unwanted. In the years since, more than five hundred mothers and fathers have lived under our care. Today fifty-one call this place home.

We have done a great deal in a cramped house. Imagine what we will do in a home built for the purpose — a nursing wing, a real kitchen, a prayer hall, a garden. The land is bought. The plan is drawn. What remains is to build it, together.

This is the first issue of *Sandhya*, our monthly letter to the family of well-wishers who make this work possible. In these pages you will meet our residents, see the new home rising, and find the names of the people building it. I hope you will let us add yours.

With gratitude,
Robbi Srinivasa Rao — Managing Trustee, RBL Foundation



In this issue

This month in pictures	03
The measure of our work	04
The home takes shape	05
A life here	06
The Honour Roll	07
Be part of it	08

A month in the life of the home



Festival days. The whole home gathers — new clothes, music, and a feast for every resident.



A free eye camp. Screening, cataract surgeries and spectacles, at no cost to our elders.



Blood-donation drive. Our volunteers gave again — part of 2,000+ units donated over the years.



A first flight. For many residents, a long-held wish, quietly fulfilled.

IN BRIEF

We welcomed new residents into the family this month · Volunteers led a bhajan evening in the prayer hall · A donor sponsored a full day of meals to mark a parent's birthday · Routine health check-ups were completed for every resident.

Fourteen years, counted honestly

Every number here is a person cared for. These are the figures the Trust stands behind – the ground beneath every appeal we make.

500+

Elders given a home since 2012

51

Residents in our care today

72

Average age of our residents

4,00,000+

Meals served, over roughly 5,000 days

463

Elders cared for to the end — a dignified farewell

90 + 21

Cataract and complex surgeries arranged

50+

Blood-donation camps held

2,000+

Units of blood donated

Figures provided by RBL Foundation. Registered Public Charitable Trust (Reg. 62/2015). 12A and 80G registered — donations are tax-deductible. Govt. of A.P. senior-citizen home registration (Cert. 1 of 2019).

The home takes shape



Artist's impression — the founders' wall in the new reception.

A purpose-built home is rising for 120 elders — stilt plus three floors, on land the founder bought himself. A nursing wing. A modern kitchen for four lakh meals and counting. A prayer hall, a dining hall, a garden and a goshala. An elevator and rooftop solar. Everything a cramped rented house could never hold.

Step inside, before a brick is laid

We have built a virtual walkthrough of the new home — in from the road, past the founders' wall, through the prayer hall, the kitchen, the care rooms and up to the resident floors. Watch it at vanaprastam.in/walkthrough, and choose the space you would like to make your own.

A TRANSPARENT BUDGET

Construction (Stilt + 3)	Rs 3.03 Cr
Furnishing & equipment	Rs 90 L
Medical, ambulance, solar	Rs 70 L
Landscaping & contingency	Rs 37 L
Total goal	Rs 5 Cr

Construction is firmly estimated; other lines are indicative. The audited budget will be published.

“I came with nothing. I am leaving with a family.”



A representative story from the home. Names and details are withheld to protect our residents' dignity.

She arrived one monsoon evening, left at our gate by relatives who did not return. She was frightened, and she was unwell. She did not speak for three days.

What changed her was not grand. It was a warm meal at a fixed hour. A bed that was hers. A nurse who learned her name. The other residents, who made room for her at the table as if they had always known her.

Today she tends the tulasi in the courtyard, leads the evening prayer, and scolds the younger volunteers like a grandmother should. When a doctor asked her recently how she felt, she said: “I came with nothing. I am leaving with a family.”

There are fifty more like her under our roof, and a hundred and twenty places waiting in the home we are building. Each of them is someone's mother, someone's father. Now, in a quiet way, they are ours — and yours.

THE HONOUR ROLL

The people building this home

We do not have wealthy patrons. We have a family of givers — and we name them with pride. This is who came forward this month.

The Founding 100

34 of 100 founding members

The first hundred members whose names will be engraved, in brass, on the founders' wall in the new reception — forever.

NAMED GIFTS THIS MONTH

Sri & Smt. (your name here) · Hyderabad

Named a Floor

A well-wisher · Dubai

Annadhanam Forever

The Rao family · Visakhapatnam

Furnished a Room

In memory of a beloved mother · Bengaluru

Akhanda Deepam

Anonymous · USA

Adopted an Elder

Founder

Rs 1 Cr+

A floor in your name; lifelong recognition.

Patron

Rs 25 L+

A named hall or wing on a permanent plaque.

Benefactor

Rs 2–5 L

A named room, or an elder fed forever.

Friend

Any gift

A place on the founders' wall and in these pages.

Sample layout. Names shown are illustrative placeholders for this first issue — with your consent, your name appears here.

BE PART OF IT

Choose your part

Bless a Day	A day's meals for every resident	Rs 5,000
Adopt an Elder	A year of food, medicine and care	Rs 60,000/yr
Annadhanam Forever	Feed one elder, every day, in perpetuity	Rs 2,00,000
Furnish a Room	A nameplate on an elder's room	Rs 5,00,000
Name a Floor	A floor in your family's name, forever	Rs 1 Crore



Card / netbanking



Any UPI app

Online: rzp.io/l/Vanaprastam
UPI: QR919666622288-5253@unionbankofindia
Bank: RBL Foundation, Union Bank of India
A/c 520101015295253 · IFSC UBIN0801062 · Dwarakanagar
80G: All donations are tax-deductible under 80G.

Become a Founding Member

vanaprastam.in · +91 96666 22288 · vanaprastam@gmail.com

Where old age is a blessing, not a burden.